

# The Way Out of Disadvantage

What helps or hinders migration background adolescents' school success and labour market integration

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IP26  
OVERCOMING  
INEQUALITIES

How do young immigrants, refugees, and children of labour migrants gain agency in disadvantageous situations?

We surveyed secondary school pupils in Germany, Greece, and Switzerland over three years and investigated individual and social patterns of resilience, school success, and acculturation attitudes.

Using experimental methods, we examined how these strategies are used to convince potential employers despite a context of labour market discrimination.



## Migration and Mobility

### As categories of analysis

How do immigrants in "arrival countries" (Switzerland and Germany), where people have settled into, compare with immigrants in "transit countries" (Greece), where people are "on the move" and do not wish to settle?

### As categories of practice

In terms of inequalities when perceiving someone as a "migrant": What effect does this label have on individual school success and the chance of being hired?

## Publications

- Sidler, P., Kassis, W., Makarova, E., & Janousch, C. (2021). Assessing attitudes towards mutual acculturation in multicultural schools: Conceptualisation and validation of a four-dimensional mutual acculturation attitudes scale. *International Journal of Intercultural Relations*, 84, 300-314.
- Ertanir, B., Rietz, C., Graf, U., & Kassis, W. (2021). A Cross-National Validation of the Shortened Version of the Adolescent Stress Questionnaire (ASQ-S) Among Adolescents From Switzerland, Germany, and Greece. *Frontiers in Psychology*, 12, 619493.
- Janousch, C., Anyan, F., Hjemdal, O., & Hirt, C. N. (2020). Psychometric Properties of the Resilience Scale for Adolescents (READ) and Measurement Invariance Across Two Different German-Speaking Samples. *Frontiers in Psychology*, 11, 608677.
- Sidler, P. (Director). (2020) Who is (not) Swiss? [Film]. Swiss Science Film Academy. <https://vimeo.com/474322551>
- Sidler, P., Baysu, G., Kassis, W., Janousch, C., Chouvat, R., Govaris, C., Graf, U., & Rietz, C. (accepted). Minority and Majority Adolescents' Attitudes toward Mutual Acculturation and its Association with Psychological Adjustment. *Journal of Youth and Adolescence*.
- Janousch, C., Anyan, F., Kassis, W., Morote, R., Hjemdal, O., Sidler, P., Graf, U., Rietz, C., Chouvat, R., & Govaris, C. (2022). Resilience profiles across context: A latent profile analysis in a German, Greek, and Swiss sample of adolescents. *PLoS ONE*, 17(1), e0263089.
- Janousch, C., Anyan, F., Morote, R., Hjemdal, O. (submitted). Resilience patterns of Swiss adolescents before and during the COVID-19 pandemic: A latent transition analysis. *International Journal of Adolescence and Youth*.
- Ertanir, B., Kassis, W., & Garrote, A. (2021). Longitudinal Changes in Swiss Adolescent's Mental Health Outcomes from before and during the COVID-19 Pandemic. *International Journal of Environmental Research and Public Health*, 18(23), 12734.